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Education

Lymphoproliferative Disorders Manifesting in Blood

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1

Objectives:

- Appreciate age-based normal lymphocyte parameters
- Delineate blood features for common lymphoproliferative disorders
- Review newly recognized features of lymphoid leukemias
- Review prognostic features for CLL

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2

2

Age-Related Variations in Blood Lymphocytes

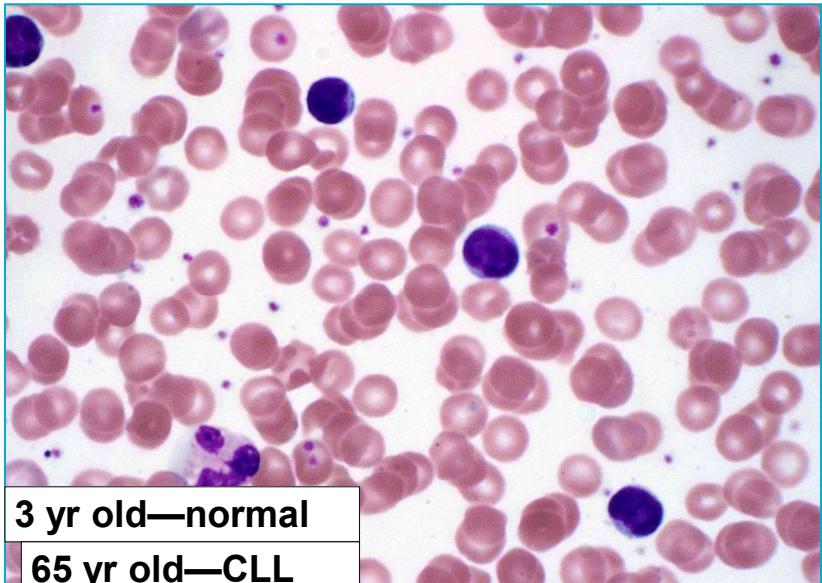
- Lymphocytes predominate in blood by 2-3 weeks of age
- Sustained lymphocyte predominance in blood throughout childhood
- Neutrophils predominate at birth and again by late childhood, early adolescence

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Absolute Lymphocyte Count 9,000



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Absolute Lymphocyte Count by Age*

	Lymphocytosis	Lymphopenia
Newborn	> 10,000	< 2,500
< 1 year	> 9,000	< 4,000
Child	> 7,000	< 2,800
Adult	> 4,000	< 1,500

*Conventional units per μ L

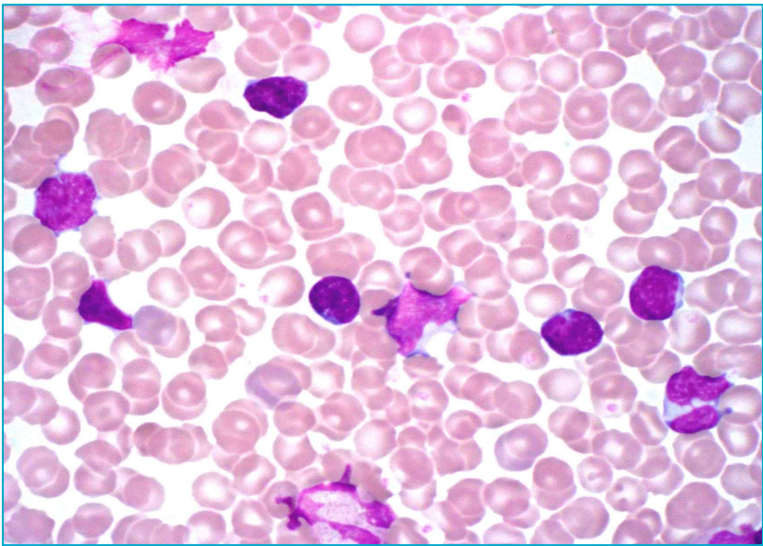
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Age, Clinical Features Key

Morphology:
Non-Activated
Lymphocytes



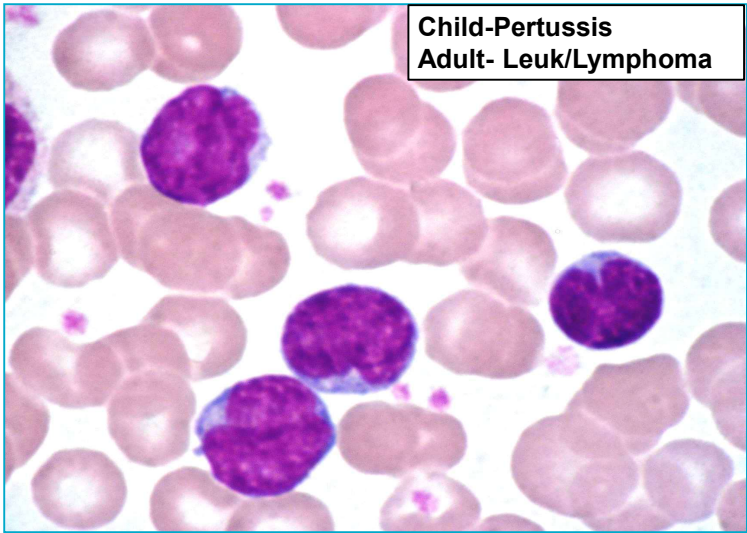
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6

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Age, Clinical Features Key

Non-Activated
Lymphs: CD4
Helper T-Cells
predominate

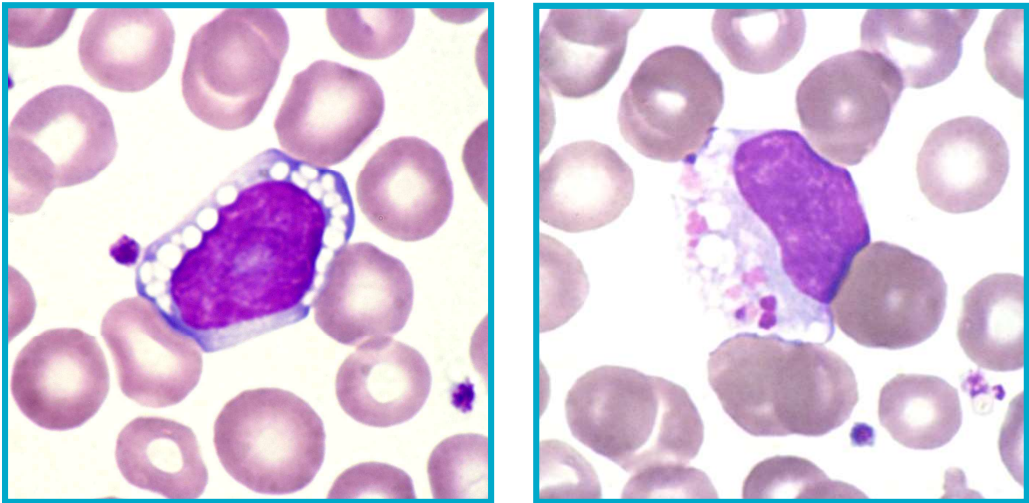


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Lymphs in Young Child: Distinct Vacuoles/Granules



Sialic Acid/Storage Disease

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Lysosomal Storage Diseases with Abnormal Lymphocytes

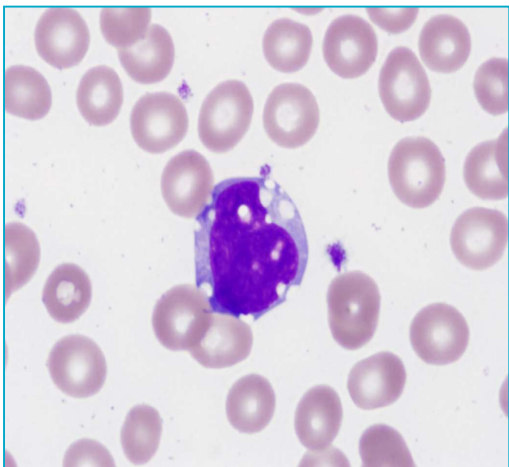
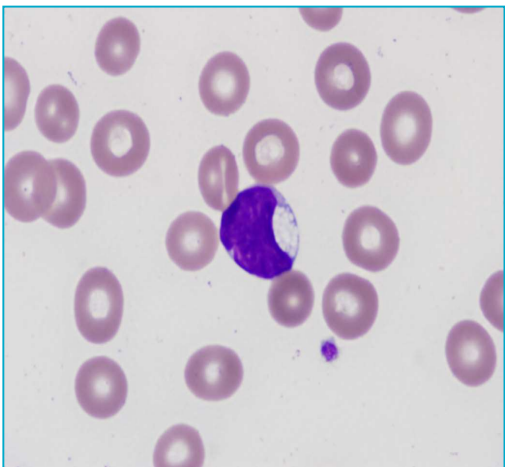
- Sialic acid storage disease (mucopolidosis)
- Gangliosidosis
- Mucopolysaccharidosis
- Niemann-Pick disease
- Tay-Sachs

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9

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Vacuolated Lymphocytes in Adult



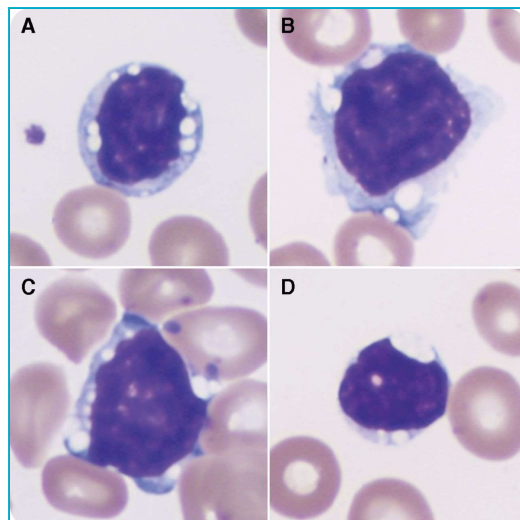
Mantle Cell Lymphoma

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10

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Discrete vacuoles in lymphocytes as a subtle clue to mantle cell lymphoma



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Lynch DT, Foucar K. Discrete vacuoles in lymphocytes as a subtle clue to mantle cell lymphoma. *Blood*. 2016;127(25):3292. doi:10.1182/blood-2016-03-706101

11

11

Lymphocytosis: Key Tips

- Dramatic age-related variations in normal
- Assess lymphocytes: morphologic heterogeneity (viral infection) vs. homogeneity (possible neoplasm); “kiddie” lymphs, pertussis
- Assess other lineages
- Sustained lymphocytosis in adult often neoplastic
- Isolated lymphocytosis in child more likely non-neoplastic
- Flow cytometric IP valuable on a limited basis
(Flow may be misleading)

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12

12

Outline: Leukemic B,T-CLPN

B-cell Disorders

- Classification, general features
- Monoclonal B lymphocytosis
- Chronic lymphocytic leukemia
- Hairy cell leukemia
- B-cell lymphomas that mimic B-CLPN

T-cell Disorders

- Classification, IP
- T-cell large granular lymphocytic leukemia
- T-prolymphocytic leukemia
- Sézary syndrome
- Adult T-cell leukemia

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B-Chronic Lymphoproliferative Neoplasm

Definition:

- Clonal proliferation of morphologically and immunophenotypically mature B-lymphocytes. These cells are generally characterized by a low proliferation rate and prolonged cell survival.
- Prolonged cell survival often linked to BCL-2 anti-apoptotic activity

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Incidence of Leukemic Lymphoproliferative Neoplasms

Chronic Lymphocytic Leukemia	> 85%
Monoclonal B lymphocytosis (<5.0 absolute B cell count)	~10%
Hairy Cell Leukemia	< 5%
Mantle Cell, SMZL, Other Lymphomas	< 5%
Prolymphocytic Leukemia (B,T)	< 2%

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15

15

What's New for 2022

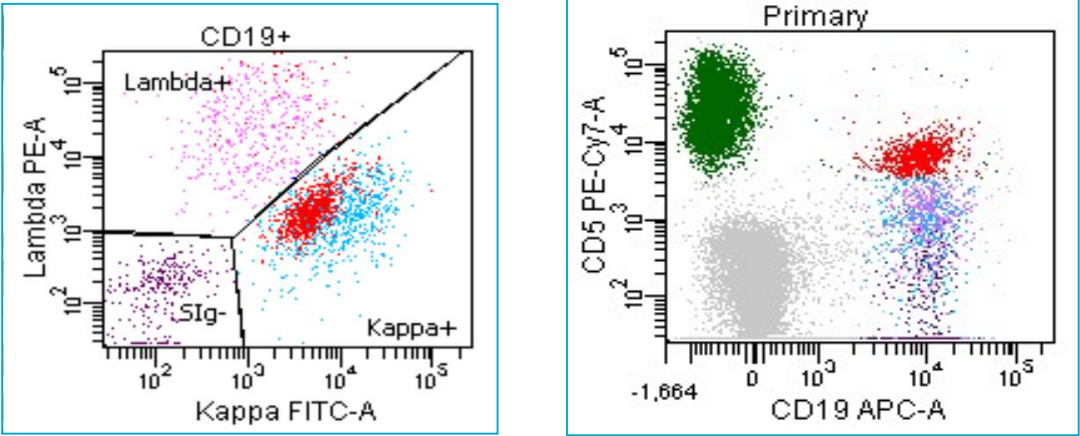
- More CLL cases reported in young patients (<40 yrs)
- Greater role of molecular genetic findings in diagnosis, risk assessment and treatment
- Trickier to distinguish CLL from MCL by flow

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Monoclonal B Lymphocytosis (<3%)



Absolute monoclonal B cell = 300

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Monoclonal B Lymphocytosis

- High count (clinical) (≥ 500) and low count (< 500)
- Predisposes to CLL; 100 times more common
- ~12% of healthy elderly individuals
- Borderline with CLL unclear; same genetics as CLL
- Overlap with blood involvement with SLL key issue. (BM criteria for MBL not defined)
- Must know CBC data and clinical to interpret flow
- About 1% progression per year to CLL for high count MBL

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18

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Chronic Lymphocytic Leukemia

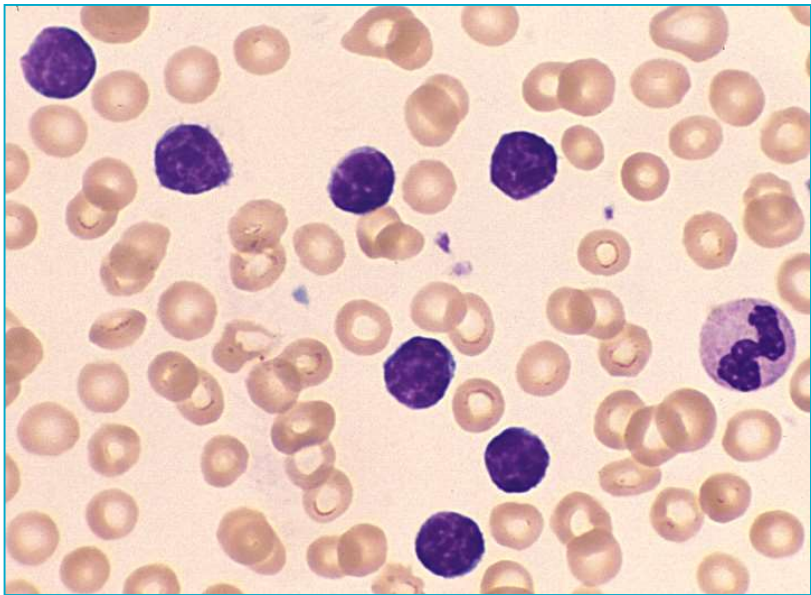
Clinical:	Middle age to elderly
Hemogram:	Sustained (3 mos) monoclonal lymphocytosis, ($\geq 5,000$) with CLL IP; variable cytopenias
Morphology:	Small lymphocytes, condensed chromatin, inconspicuous nucleoli Prolymphocytes, other forms
Bone Marrow:	Pattern of infiltration nodular, mixed, diffuse
2022:	No significant revisions in diagnostic criteria

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19

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CLL: Preserved Hematopoiesis

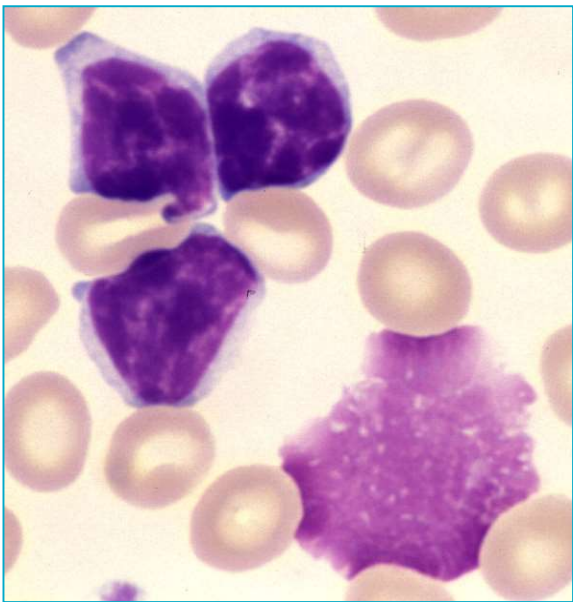


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20

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CLL, smudge cell



A microscopic image showing several red blood cells and a large, irregularly shaped purple-stained cell, which is a smudge cell characteristic of Chronic Lymphocytic Leukemia (CLL). The smudge cell has a large, dark purple nucleus and a thin, light purple rim of cytoplasm. It is surrounded by numerous smaller, round red blood cells.

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21

21

CLL: Diagnostic Immunophenotypic Profile

Mature B	Monoclonal SIg (dim)
B-cell antigens	CD19, dim CD20, dim CD22
Coexpression	CD5, CD23, CD200, LEF1
Absent	CD10, FMC7, CD11c (dim to neg.), CD79b, CD103
Prognosis	CD49d $\pm$, CD38, ZAP 70

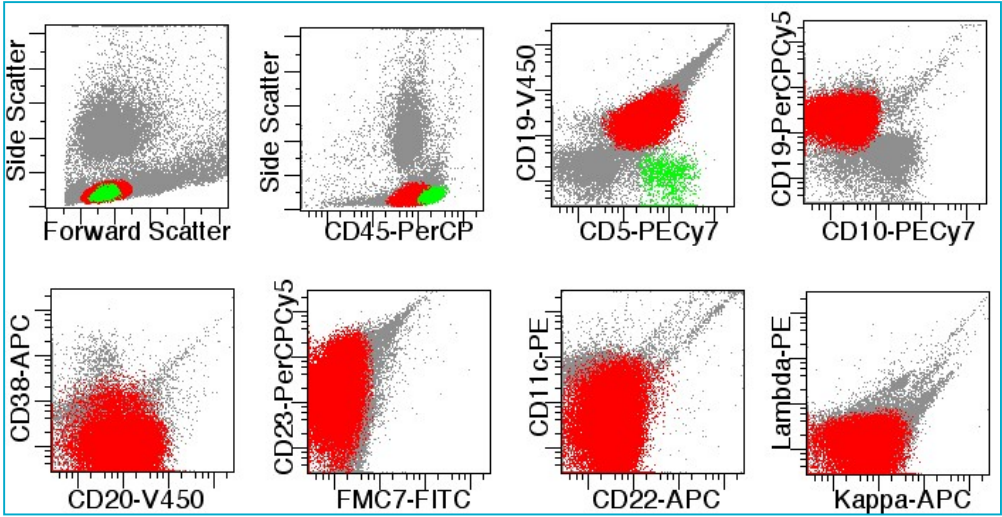
$\pm$ CD49d overall most significant IP feature

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CLL: Flow Cytometry Profile



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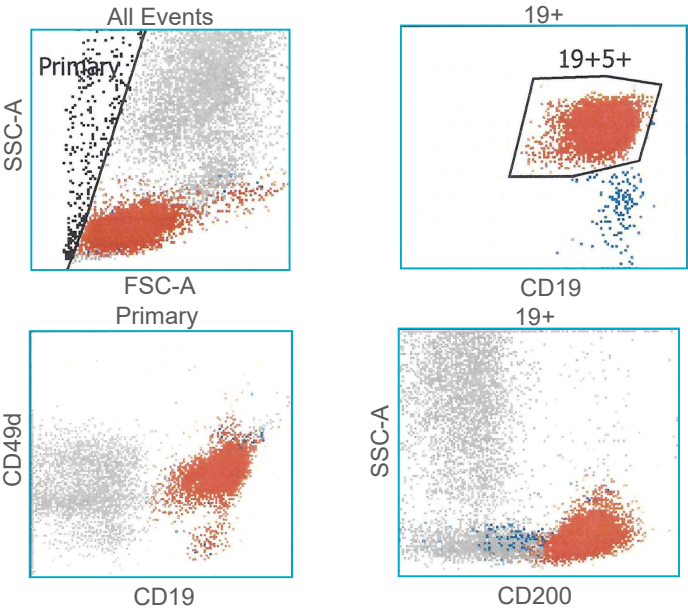
Courtesy S. Kroft

23

23

CLL: Flow Prognostic Markers: CD49d, CD38, ZAP-70

**CD49d
expression
linked to
adverse
outcome:
CD38⁺, ZAP-70⁺,
also adverse**



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24

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CLL: Survival Data

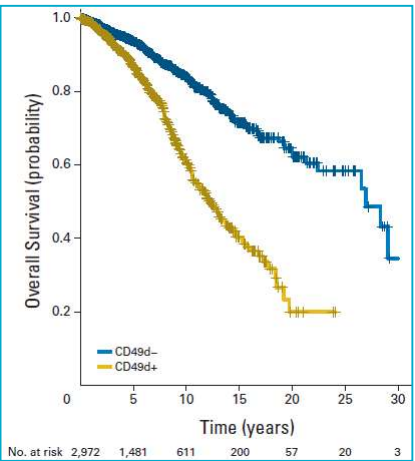
- Median survival times exceed 10-15 yrs
- 1/3 patients never require therapy
(median survival: 25 years)
- 1/3 patients have prolonged indolent phase but eventually progress
- 1/3 have more aggressive disease requiring upfront therapy
(median survival: 8 years)

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Impact of CD49d on Survival in CLL



Bullian P, et al. CD49d Is the Strongest Flow Cytometry-Based Predictor of Overall Survival in Chronic Lymphocytic Leukemia. *JCO*. 2014;32(9):897-903. doi:10.1200/JCO.2013.50.8515

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26

26

CLL: Morphology – IP – Genotype

- del(13q)

linked to typical morphology and IP (key microRNA deletion)
- tri 12

linked to atypical morphology, atypical IP
- del(11q)

linked to high stage, aggressive disease course
- del(17p)

advanced stage, chemo resistance
- miRNA

deletions lead to post-transcriptional abnormalities; tumor suppressor deletion

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Genetics and Prognosis in CLL

- Favorable:

• del13q as sole abnormality
- Intermediate:

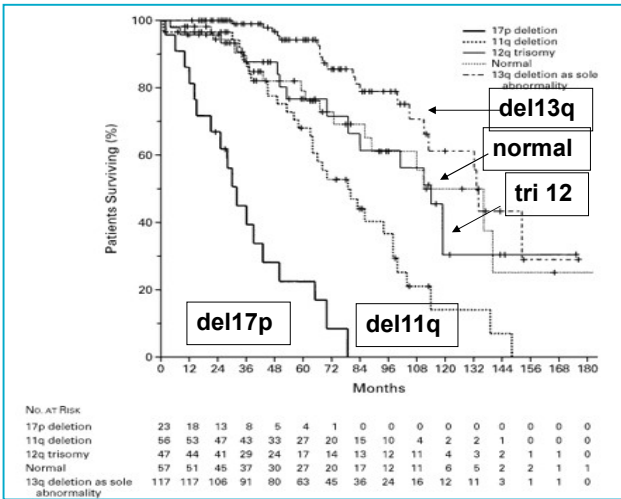
• Normal

• Trisomy 12
- Unfavorable:

• TP53 deletion (17p)

• ATM deletion (11q)

• Complex karyotype



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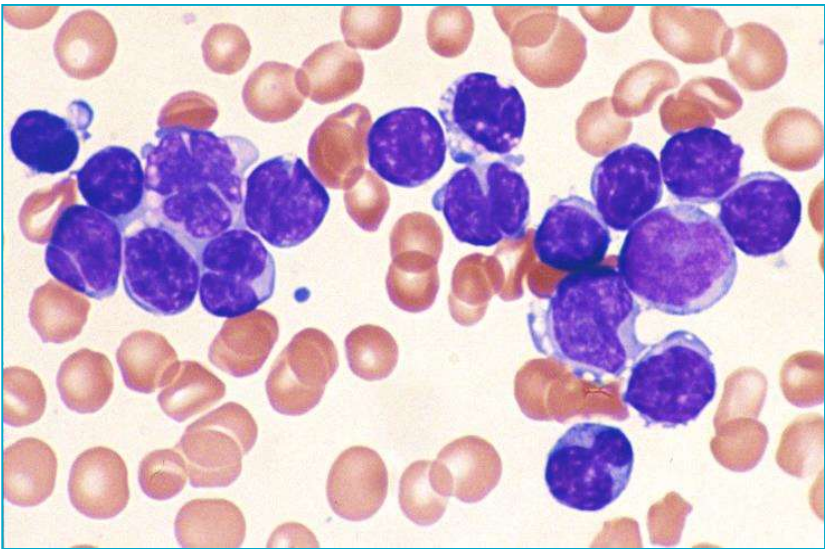
28

CLL with Atypical Morphology

Flow (typical):

CD5+, CD23+, dim
CD20, dim SIg

FISH:
del(17p13)
(acquired late in
disease course)

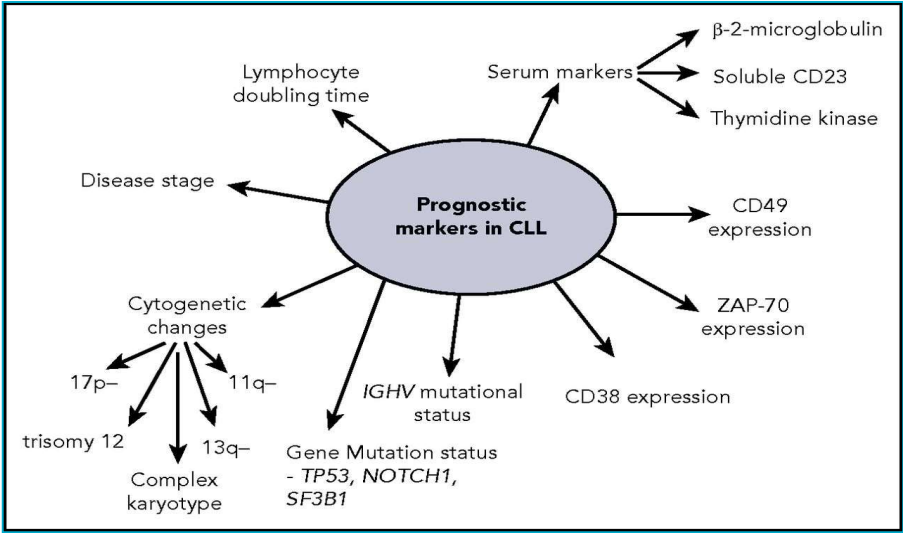


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Prognostic Factors in CLL



Gribben JG. How and when I do allogeneic transplant in CLL. *Blood*. 2018;132(1):31-39. doi:10.1182/blood-2018-01-785998

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30

30

Hairy Cell Leukemia

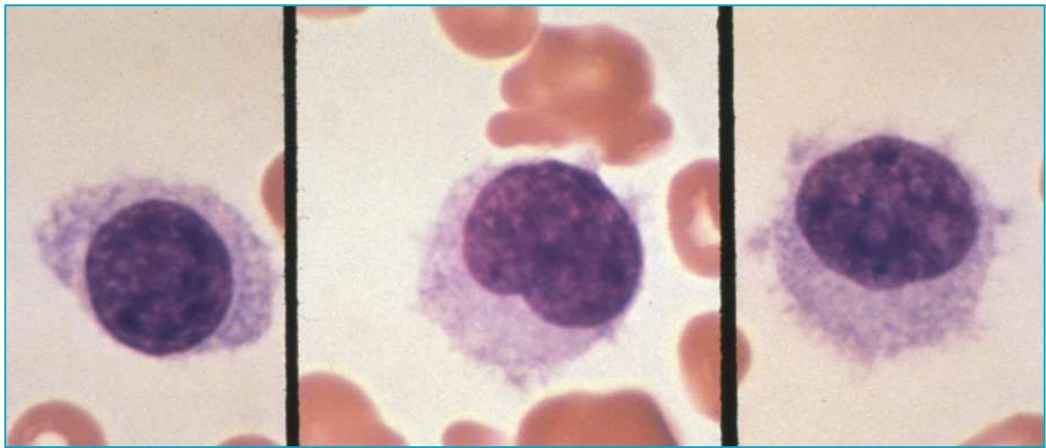
- Clinical:** Middle age to elderly, splenomegaly
- Hemogram:** Pancytopenia, monocytopenia
- Morphology:** Oval to round nuclei with “spongy” chromatin; abundant cytoplasm with hairy projections
- Cytochemistry:** TRAP (strong) (also IHC Stain available)
- Bone Marrow:** Distinct pattern of infiltration
- Molecular:** *BRAF* mutation in most cases (>80%)
MAP2K1 mutation in remainder

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31

31

HCL: Rare cells in blood, High index of suspicion



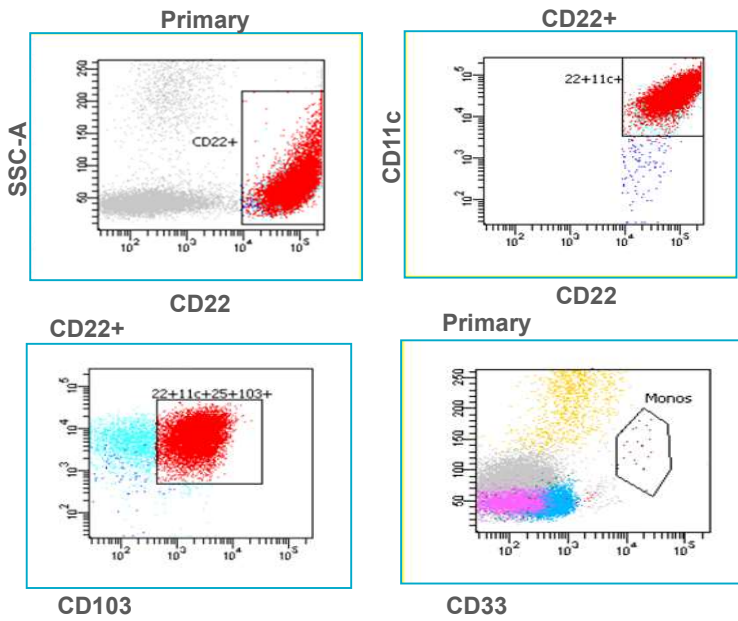
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Hairy Cell Leukemia – Marked Monocytopenia

67-year-old male
with lymphocytosis

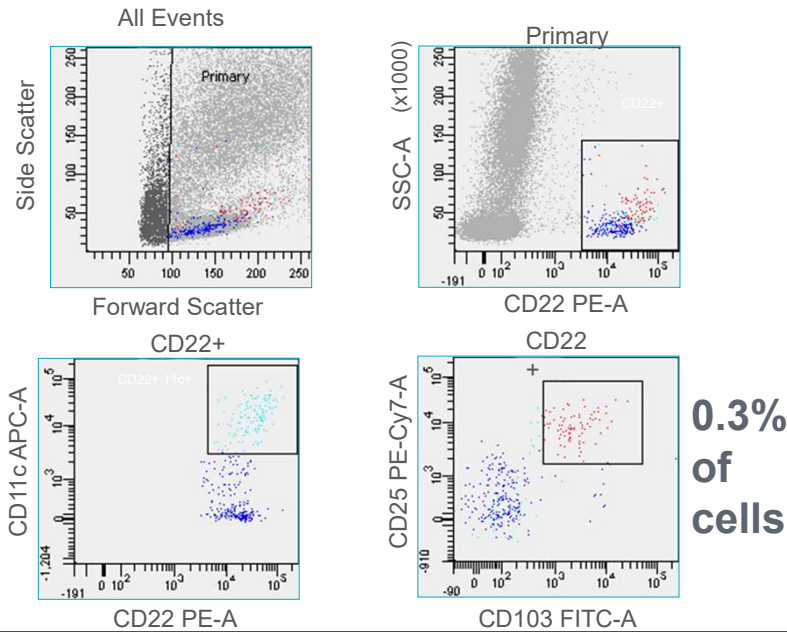


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HCL: High Sensitivity and Specificity of FCI



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34

34

Splenomegalic B-CLPN with Leukemic Manifestations

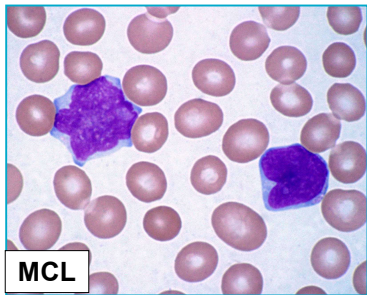
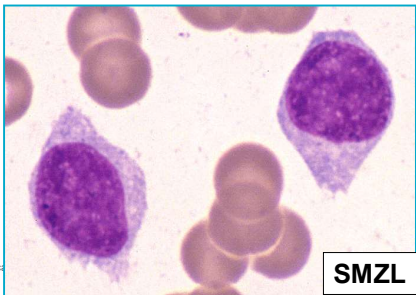
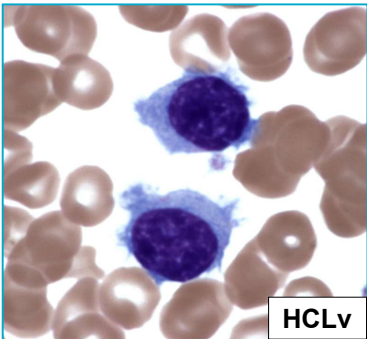
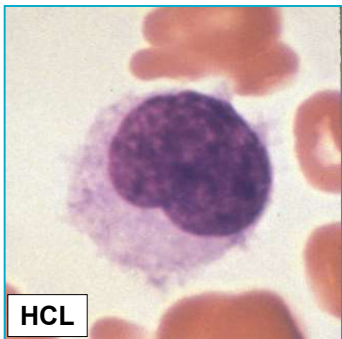
HCL	Variable WBC, often low
HCLv	Leukocytosis (variable)
MCL	Leukocytosis; may be SOX-11 ⁻ , CD200 ⁺
SMZL	Leukocytosis, villous lymphocytes
B-PLL	Leukocytosis (exclude MCL)

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B-CLPN with Splenomegaly



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36

B-CLPN: Key Tips for 2022

- Recognize morphology, IP features of distinct entities
- B-CLPN have characteristic IP profile (not single marker)
- Identification of biologic subtypes of CLL important (morphology, IP, genetic clues)
- HCL: Pancytopenia (monocytopenia), very subtle BM infiltrates, Hypocellular (!)/ *BRAF* mutations
- Overlap disorders: (Atypical CLL and lymphomas), (B-PLL and MCL)
- Utility of genetics in MCL, CLL, other lymphomas

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37

37

T-CLPN/ Mature T – cell Leukemias

General Features

- Much rarer than B-CLPN
- Affect adults, wide age range
- Patients often exhibit systemic manifestations (organomegaly, skin findings, fatigue, fever)
- Key clinical and CBC “tips” to various subtypes

Subtypes

T-LGL	T-cell large granular lymphocytic leukemia
T-PLL	T-cell prolymphocytic leukemia
SS	Sézary syndrome
ATL	Adult T-cell leukemia lymphoma

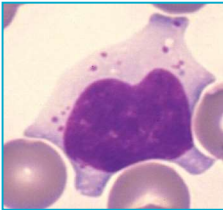
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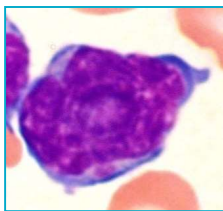
Key Tips: Mature T-cell Leukemias

T-LGL



Cytopenias predominate; variable ALC
Splenomegaly common
Associations with RA, red cell aplasia, PNH
Derived from cytotoxic/suppressor T cell (CD8⁺)

T-PLL



Marked leukocytosis (rapidly rising WBC)
Marked hepatosplenomegaly
Derived from helper T cell (CD4⁺)
One third coexpress CD4, CD8

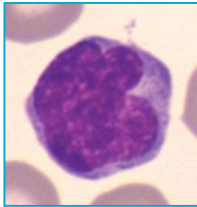
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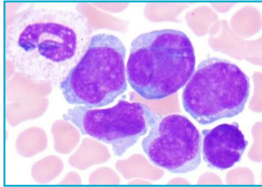
Key Tips: Mature T-cell Leukemias

SS



Cutaneous manifestations, erythroderma
Blood involvement by definition in SS
Derived from helper T cell (CD4⁺)

ATL



Endemic disease distribution (HTLV-1-associated)
Broad spectrum of clinical manifestations
Leukemic subtype most aggressive
Derived from helper T cell (CD4⁺)

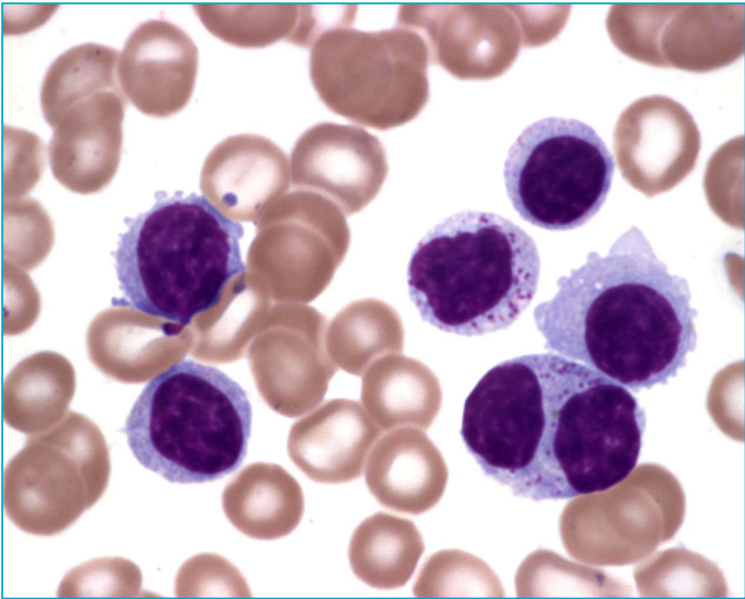
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T-cell LGL

73-year-old female with Lymphocytosis



Courtesy Qian-Yun Zhang

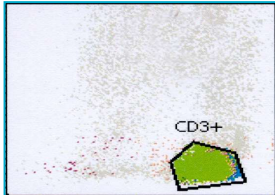
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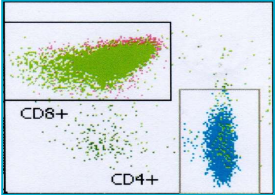
T-cell Large Granular Lymphocytic Leukemia

70% T-cells



CD3

CD3 Positive



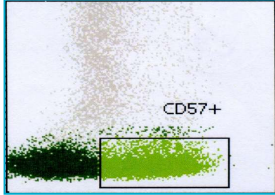
CD4

CD3+, CD57+



CD4

CD3 Positive



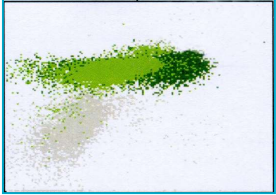
CD57

CD3



CD5

CD3



CD7

Diminished CD5 and CD7 on CD3+, CD57+

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42

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Features of T-LGL

- ALC:

• 2-20x 10⁹ /L (mature)
- IP:

• Mature cytotoxic/suppressor T-cell (CD57+, TIA-1+, CD16+)

• Aberrant features common
- Clonality:

• TCR gene rearrangement; Flow *TRBC1* restriction

• *STAT* 3 mutations in 40%
- Disease course:

• Stable for many years; spontaneous remissions

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T cell-Prolymphocytic Leukemia (T-PLL)

- Rare (2% lymphocytic leukemias)
- Middle aged to elderly patients (med age 65)
- Marked splenomegaly, striking leukocytosis, skin 20%
- Notable feature: rapidly rising WBC

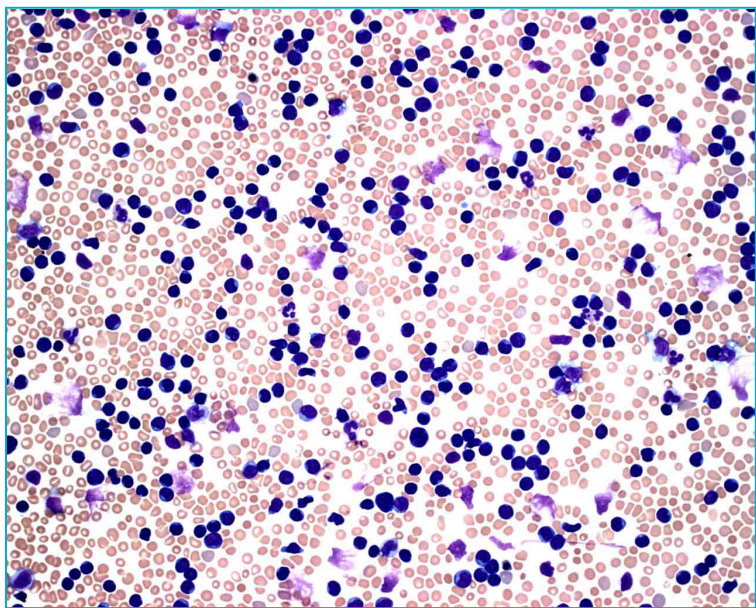
Blood:	Morphologic spectrum
BM:	Diffuse pattern
IP:	Majority CD4+, one third CD4+/CD8+, <i>TCL-1</i> protooncogene +, CD52+
Genetic:	<i>TCL-1</i> gene rearrangements/ <i>inv</i> (14)(q11q32) <i>STAT5 B</i> mutations in 40%

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T-PLL, striking leukocytosis

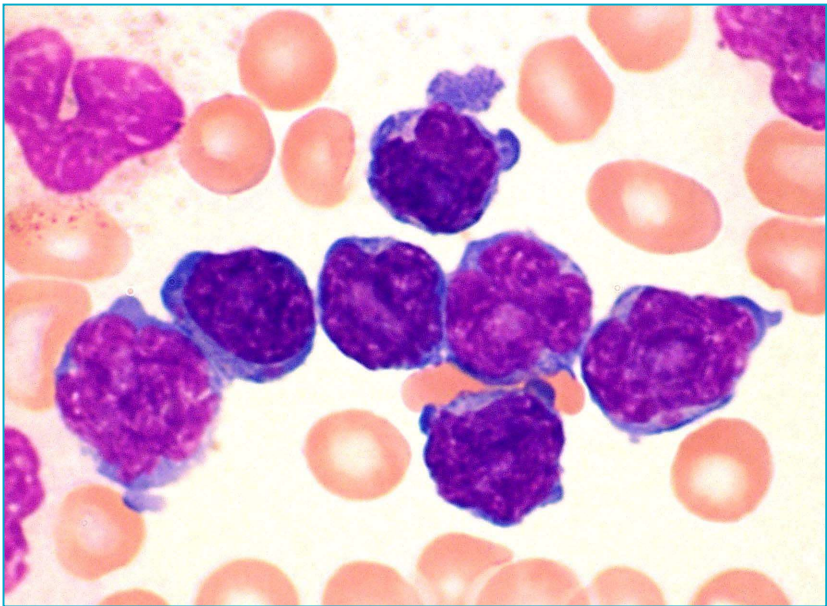


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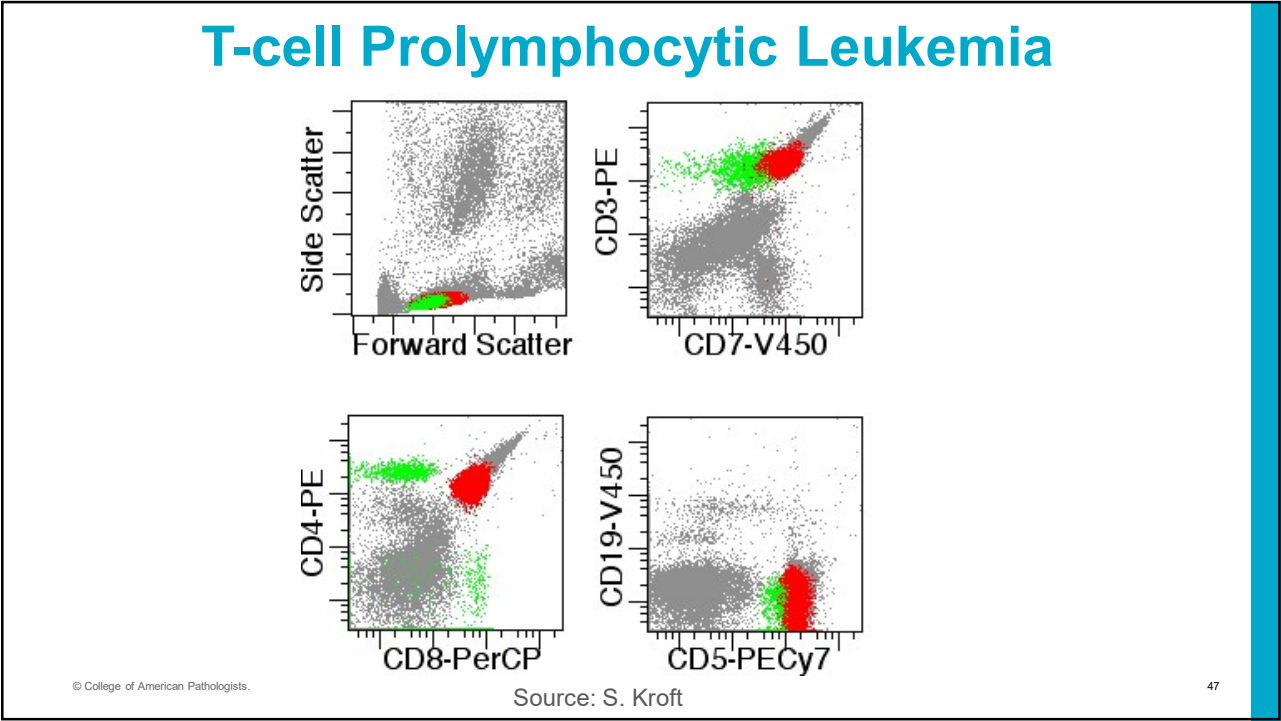
T-PLL (morphologic spectrum)



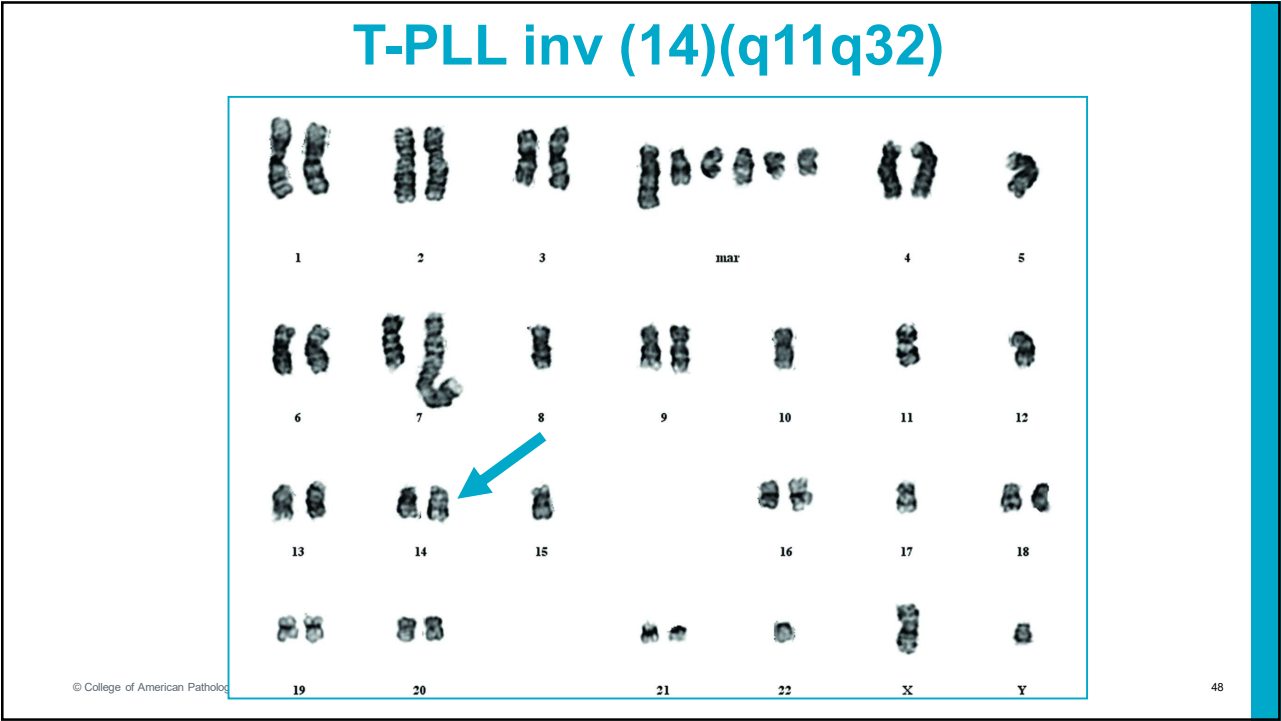
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46

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47



48

Generalized Erythroderma

72-yr-old male
(Tip: Generalized
itching also occurs)



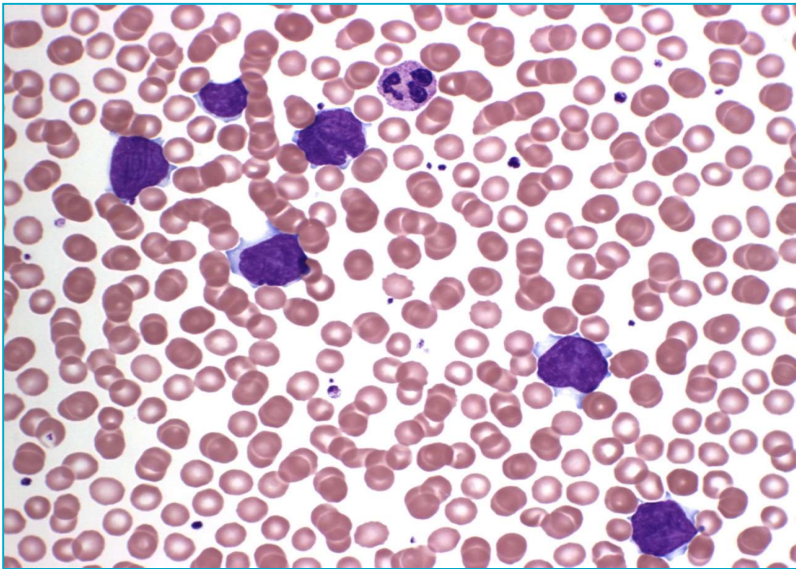
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Source: Dr. Beverly Nelson

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SS: marked lymphocytosis



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50

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Bld: Sézary Syndrome: 1° and 2°

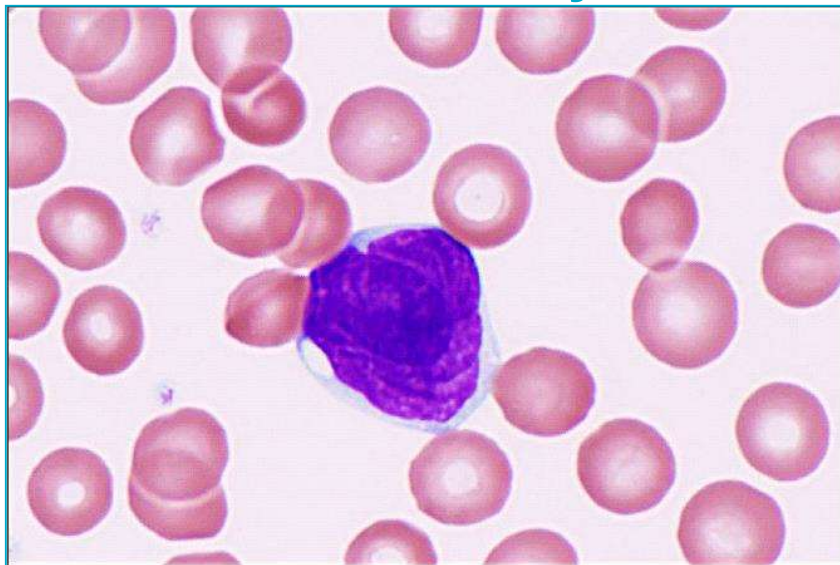
- 1° – erythroderma with initial blood involvement
- 2° – blood involvement after longstanding mycosis fungoides
- Morphology: mature nuclei with subtle convolutions, variable cell size
- IP: mature T-cell (CD3, CD5, CD4); lack CD7, lack CD26; TCR α/β
- H/S ratio >10:1
- Sezary count $>1.0 \times 10^9/L$

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51

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Cerebriform Sézary cell



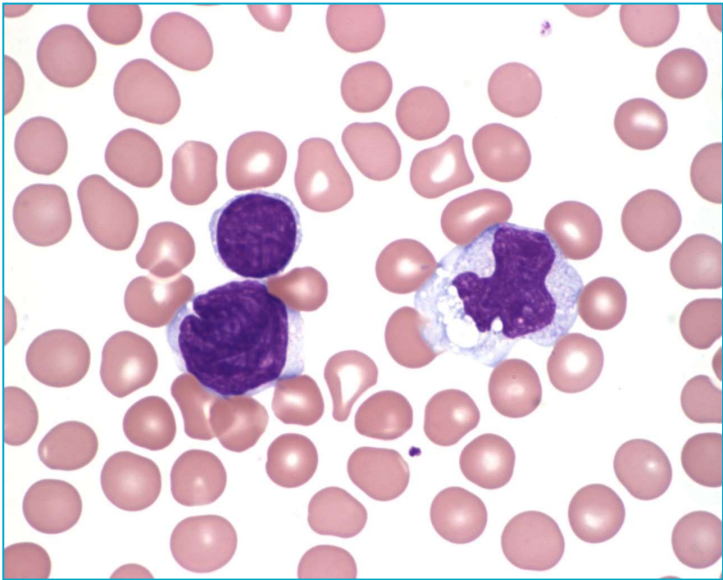
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Source: Dr. Beverly Nelson

52

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Sézary cell, monocyte, normal lymph



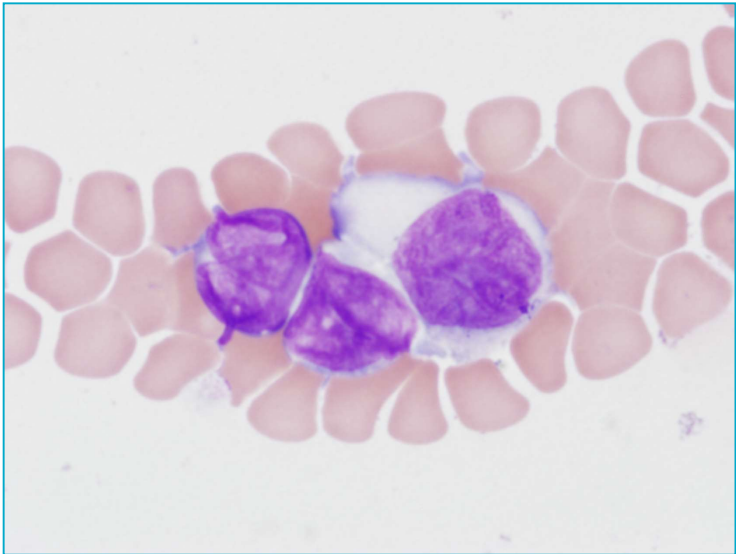
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Sezary Cells at Feather Edge

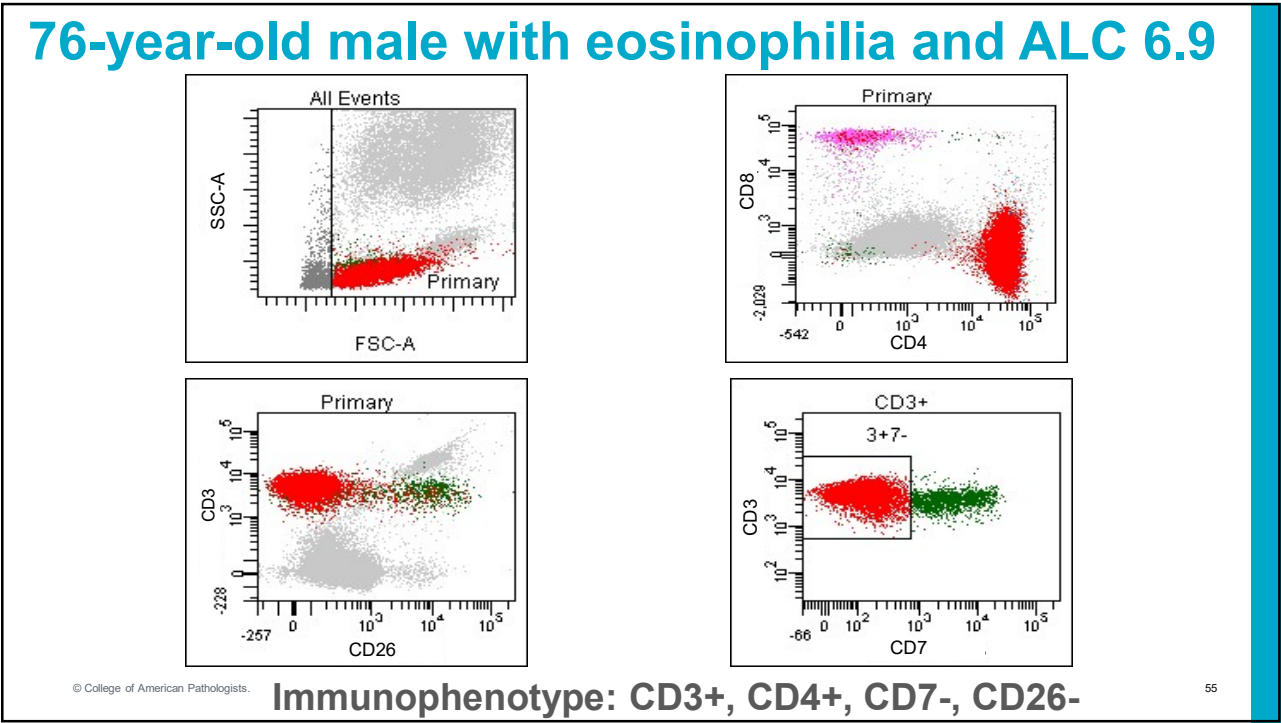
Large cells
enriched at feather
edge and sides of
blood smear



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54

54



55

Summary: T-CLPN

- Integrate morphologic, immunophenotypic, and clinical findings. Most mature T-cell leukemias can be diagnosed as specific clinicopathologic entities
- Consider T-LGL in patients with neutropenia (especially RA patients) or acquired red cell aplasia (Clonal TCR)
- New flow testing for T-cell clonality (TRCR1)
- Genetic testing in T-PLL [inv(14)]

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56

56

Case

80-year-old female with lymphocytosis

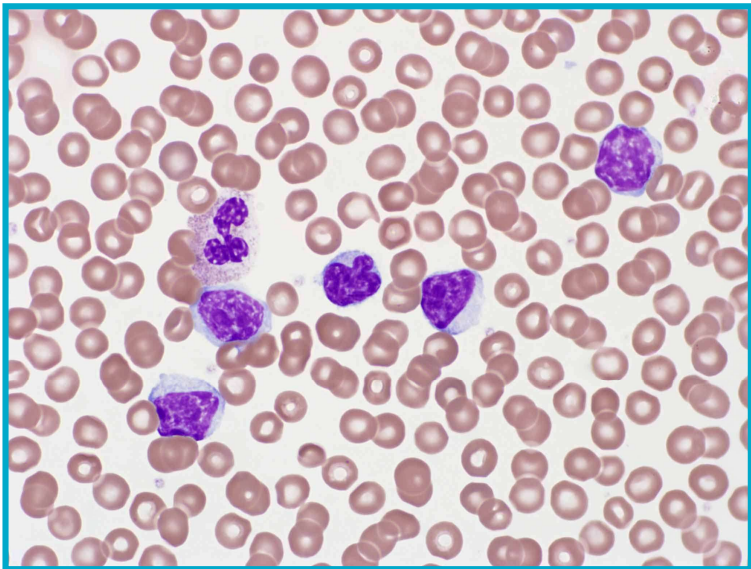
CBC			
WBC	18.0	MCV	91
ALC	14.1	MCHC	34.7
ANC	3.5	RDW	12.7
RBC	4.42	Plt	192
H/H	14/40%		

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57

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Blood: Isolated Lymphocytosis

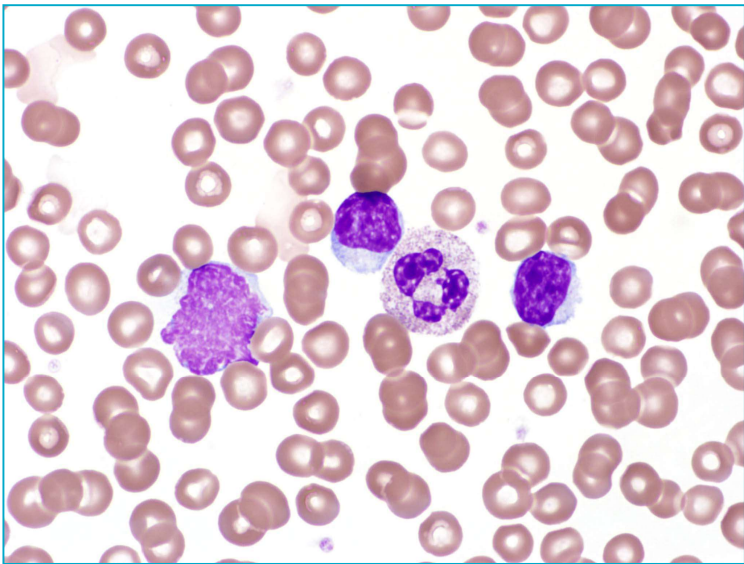


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Blood: Isolated Lymphocytosis

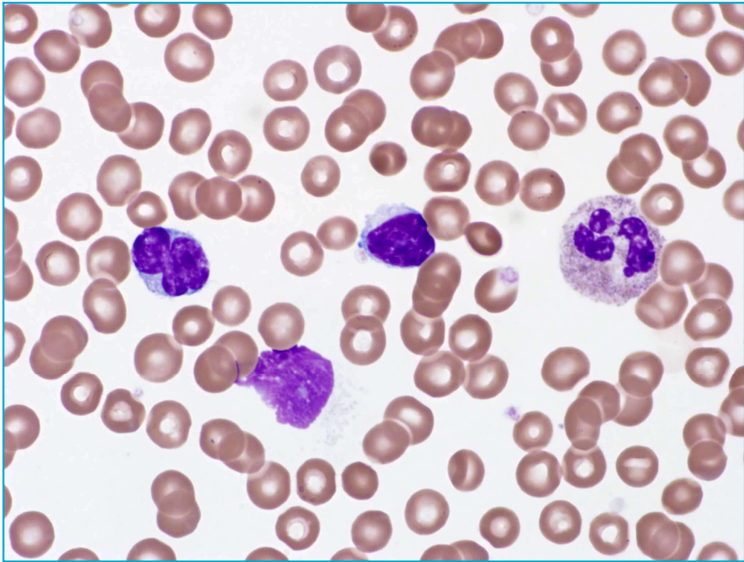


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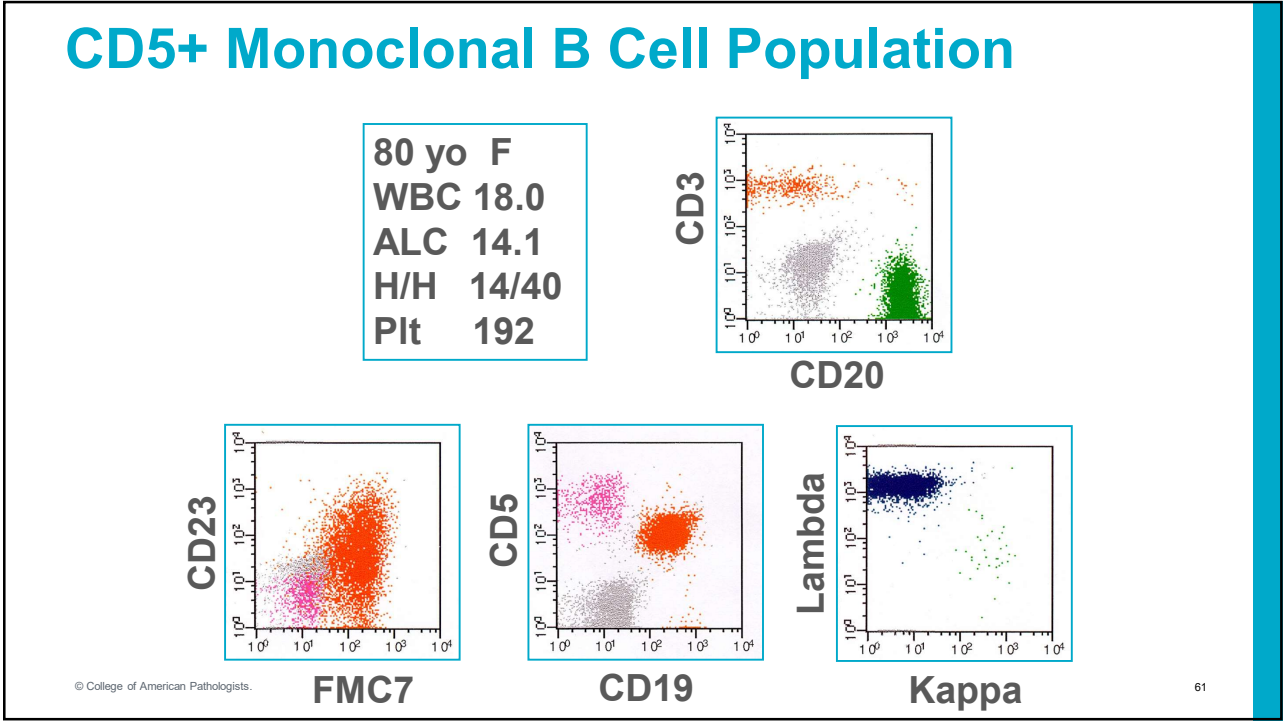
Blood: Isolated Lymphocytosis



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60

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Closing Comments & Summary

- Assess for whether HP is intact or reduced.

For lymphoid cells:

- Systematic process: Mature vs. immature, lymphoid vs. nonlymphoid, etc.
- Great utility of flow in lymphocytosis.
- CLL vs. MCL, always recommend genetics.

Questions?

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63

63



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64